



JOSEPH GILES ELEMENTARY

Safety. Kindness. Patience. Making Connections

September 21-24

Hello JGES Families,

If you've been watching the weather, we are in for a storm this week. Keep an eye on hrce.ca for updates, or sign up for notifications by [clicking here](#).

We have a lockdown drill this week. This is to practice securing the school in the event of an emergency. There will be an email letter with more information Tuesday night. Any questions, call or email.

Registration forms are coming home Monday for updates. If you can update your information (circle or highlight changes), and return ASAP.

When you are dropping off items, or picking up students, please wait outside for a pick up or drop off of a student. There is a labeled table just inside the door for items to be dropped off. Please label items.

Our Curriculum night will be different this year. We are sending out a video from our teachers and parents are welcome to follow up with questions. The videos will be made this week and should be sent out by October 29th.

Reminders: water bottles are important. We have 1 water cooler for the students. A change of clothes is important for all students pre-primary-six.

Let's have a great week! Mr. Fry

Covid Symptoms

When students come to the office, we are comparing symptoms to the covid-19 checklist on our website or [click here](#). If they match criteria, we'll call home, isolate the student with a staff member.

Parents take their child home, and call 811 for direction. If they don't recommend a test, the student can return when they are symptom free for 24 hours. If they recommend a test, follow 811's instructions.



See the great things that are happening in our school and in our classrooms by following us on Twitter or Instagram @giles_school

Dealing With Stress This Sept

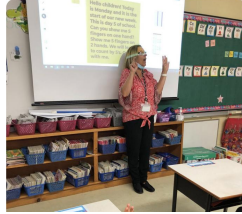
This year had certainly has its share of stresses. I would like us to explore the idea of stress, and self-regulation with you. These self-regulation ideas come from Dr Shanker and his work on self-reg.

Self-reg is an understanding how we manage stress. How do we manage energy and find our balance. Here is a short video (1:50 min) click here,

[Short article on parenting while angry](#), and a [overview article on self-reg](#) - 2 pages with pictures :) Our school staff will be exploring this same ideas over the school year.



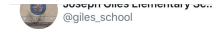
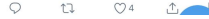
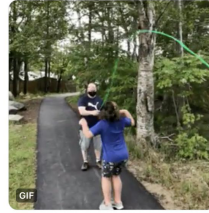
In P/1 Patey the Ss are reading their hands during number work.



Some old school mud painting and hole digging AND new school play with a reintroduction of playground equipment. They are getting cleaned each day plus lots of sanitizing for the kids. Great recess for all.



How do you connect with your kids? Get outside and play with them. Do it on their terms. Mr Coolen did double duty at recess supervising and skipping.



Library 2.0 is on the move. Mrs Chambers is bringing the books to the kids. Exciting to have library in a new way. #bookuber #stufftokids



IMPORTANT DATES

September 25th: PD Day no school for student
October 5th: School Picture Day
October 12th: Thanksgiving (no school)

Isn't this a nice way to start the day? Caught this moment just before the bell this morning. Notice how empty the playground is? Our new entry process is working well. Happy Monday!



WEEK 21- September 21-25

Monday 21

Tuesday 22
Lockdown drill in the am

Wednesday 23

Thursday 24

Friday 25
No school for students
PD Day