

JGES Newsletter Oct 2026

October is Mi'kmaq History Month

Each October, Mi'kmaq History Month provides an opportunity to deepen our understanding of Mi'kmaq culture, history, language and traditions, while recognizing the important contributions of Mi'kmaq people past and present.

Across our schools, students and staff may mark the month through learning, storytelling, art, community connections and cultural experiences that bring Mi'kmaq perspectives into the classroom and school community.

As we learn together, Mi'kmaq History Month reminds us of the importance of listening, building relationships and continuing our shared commitment to truth and reconciliation.

Learn more about Mi'kmaq History Month [here](#).

Fire Prevention Week: October 4-10

Halifax Regional Fire & Emergency is inviting families to take part in Fire Prevention Week, October 4–10. Visit halifax.ca/fpw to complete an online fire safety quiz. Want to win a Nintendo Switch, Apple products or LEGO sets? Participants who score 100% will be entered into a draw for a prize in their age category.

This year's theme, "Safe Charging is a Superpower," focuses on the safe use and charging of rechargeable devices powered by lithium-ion batteries. These batteries power many everyday devices, including phones, tablets, laptops, e-bikes and power tools. If damaged or charged improperly, they can overheat and cause fires.

Visit halifax.ca/fpw for contest details, videos and fire safety resources, and take a few minutes to test your smoke alarms and review your home fire escape plan.

October 19-23 is School Bus Safety Week

Every school day, thousands of HRCE students rely on the bus to get to and from school safely.

School Bus Safety Week is a chance to highlight the simple habits that help keep everyone safe — from waiting well back from the road, to following the driver's instructions, to staying alert around stopped school buses.

With more than 33,000 HRCE students travelling on more than 400 buses each day, safety depends on all of us: students, families, drivers, schools and motorists.

This week is a good opportunity to review a few everyday reminders and help reinforce safe routines on the bus, at the stop and on the road.

Bus Stop Safety

- Be on time for the bus and please don't run to/from the bus.
- Stand back off the road and don't push or shove when waiting at a stop.
- Always cross in front of the bus. Walk three metres (10 feet) in front of the bus to a point where you can see the driver and wait for the driver's signal to cross. Proceed to the centre of the road, STOP, LOOK & LISTEN and cross the road when it is safe.
- Never crawl under a school bus or cross the road behind the bus.
- Know the danger zones around the bus.

School Bus Safety

- Please respect and listen to the driver and avoid distracting them.
- Please keep noise levels to a minimum.
- Do not stand or move seats while the bus is in motion.
- Never put your hands, arms, feet or head out of the bus window.
- Ask the driver for permission before you open the bus windows.
- Do not throw anything inside the bus or out of the windows.
- Keep the aisle clear at all times when the bus is in motion.

Remember: In Nova Scotia, it's illegal to pass a school bus when its red lights are flashing and the stop arm is extended.

You can find out more information about riding the school bus in HRCE [here](#).

Growing independence doesn't have to start with a smartphone

As children get older, parents naturally want to give them more independence, such as walking to the park, playing at a friend's house, staying home for a short time, or getting to activities on their own. A smartphone can seem like the obvious way to make this possible, but it isn't the only option.

There are lots of ways families can give children more freedom while keeping communication simple and age-appropriate:

- **Long-range walkie-talkies:** A simple way for kids to check in while playing in the neighborhood or exploring outdoors, without access to the internet or social media.

- **A home phone:** Allows children to call friends, make plans or contact a parent when they're home alone.
- **A kids' smartwatch:** Some watches offer limited calling or messaging, without the apps, social media and internet access of a smartphone.
- **A basic talk-and-text phone:** When children eventually need a way to coordinate rides or activities, a simple phone can provide communication without introducing the distractions and social pressures of a smartphone.

The goal is to match technology to what children actually need. A child who needs to call home doesn't necessarily need a device that also gives them access to social media, games and the internet.

Starting with a more limited device can give children time to develop the responsibility, judgment and independence they'll eventually need to manage a smartphone.

Explore more resources from Unplugged Canada and join thousands of Canadian families taking the [Unplugged Canada Pledge](#) to delay smartphones and support connected childhoods.

[Guidelines for School and/or Bus Cancellations \(click on link\)](#)

Home and School News

